**Week 18**

**Name:**

**Mobile:**

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| **Personal Development Workouts** |
| 1. Watch at least 7 Ted talks (Minimum one Ted talk per day) and do its audio note. |
| *Write a short description about this task*  *This week I watched 7 Ted. The Power of Vulnerability" by Brené Brown Brené Brown, a research professor, shares her research on vulnerability and its importance in building connections and cultivating a sense of worthiness.How Great Leaders Inspire Action" by Simon Sinek Simon Sinek, a leadership expert, introduces the concept of the "Golden Circle," which involves starting with the question of "why" before addressing "how" and "what." Your Body Language May Shape Who You Are" by Amy Cuddy Social psychologist Amy Cuddy explores the link between body language and self-confidence. The Art of Asking" by Amanda Palmer Musician and artist Amanda Palmer discusses her experiences as a street performer and musician who successfully engaged her audience by asking for support and contributions. ,Do Schools Kill Creativity?" by Sir Ken Robinson, The Happy Secret to Better Work" by Shawn Achor, The Danger of a Single Story" by Chimamanda Ngozi Adichie.*  *Link to the folder containing your audio summary*  [*https://drive.google.com/file/d/1jMSelGkqRw\_evZGOvsUSs1yei8Zy7wcV/view?usp=sharing*](https://drive.google.com/file/d/1jMSelGkqRw_evZGOvsUSs1yei8Zy7wcV/view?usp=sharing) |

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| **Technical Workouts** |
| 1. Complete your project according to the instructions. |
| *started with the Clean Architecture, but then switched to the Model-View-Controller (MVC) architecture. Both architectures have their merits, and your choice will depend on your project's specific requirements and your familiarity with each approach.*  *MVC Implementation: In your project using the MVC pattern, you've already implemented several key components:*  *Admin Side: You've created an admin-side interface. This is an important step, as it establishes the foundation for managing the application.*  *Login Functionality: You've implemented a login system for admin users. This is a crucial feature for authentication and authorization.*  *User Management: You've also started building user management functionality. This is often an essential part of many web applications, allowing you to create, view, edit, and delete user profiles.*  *User Profile: You've included user profile functionality. This typically involves displaying user-specific information and allowing users to update their profiles.*  *Database Integration (Mongoose): You've chosen Mongoose as your database library, which indicates that you are using MongoDB as your database system. This allows you to store and retrieve data efficiently.* |

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| **Miscellaneous Workouts** |
| 1. Practice typing for at least one hour each day. Finish as many chapters as possible as you can. Don’t spend more than an hour each day. 2. Prepare a topic for the tech seminar. Record and upload it on youtube as an unlisted video. 3. Conduct a Feedback session by the end of this week. 4. Prepare your progress video for the last week. Record and upload it on youtube as an unlisted video. |
| *Write a short description about this task*  *This week I reached a level of 370 .To be frank, I really don't like the typing club website .*  *I spend more time typing in typing master to improve my typing skills . My vision is to become a software developer and a basic programmer should have a very friendly and free to use keyboard.Typing club helped me a lot to improve my typing speed and the approach  towards the keyboard has totally changed . From the beginning to the higher levels it helped me a lot to enjoy the way of typing.Typing practice  brings to me fast typing  and improved proper hand placement*  *Link to screenshot image* |
| *Write a short description about this task*  *space technology encompasses a wide range of tools and systems that are essential for exploring, utilizing, and benefiting from space. It has a profound impact on scientific discovery, global connectivity, environmental monitoring, and many other aspects of modern life. Space exploration continues to push the boundaries of human knowledge and capabilities, offering exciting possibilities for the future.Space technology refers to the various tools, equipment, and systems developed and used for exploring, understanding, and utilizing outer space. It encompasses a wide range of disciplines, including astronomy, astrophysics, aerospace engineering, and astronautics*  *Link to your seminar video*  [*https://youtu.be/m5GrhvNkLBQ*](https://youtu.be/m5GrhvNkLBQ) |
| *Link to the document containing notes for your feedback session*  [*https://drive.google.com/file/d/1ULCaw-nibZ7VcIvxr4X0oJXqLWFy4Vbz/view?usp=sharing*](https://drive.google.com/file/d/1ULCaw-nibZ7VcIvxr4X0oJXqLWFy4Vbz/view?usp=sharing) |
| *Write a short description about this task*  *This week my project second week while talking about the progress is not much greater because I learnd all those things . first I begin the clean architecutre then I changed that to the mvc.* *This is my first week of project and there is one staring trouble in this week to how to start and what to do at first I do my project in the clean arhitecture then I changed it to the mvc because I didn’t know or no cleaer cut idea about that. Then I created the admin side login and user mangagment and use login use profile login and update*  *Link to your progress video*  [*https://youtu.be/uRW2roqJeYE*](https://youtu.be/uRW2roqJeYE) |